



Game Model & Methodology

Overview

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Who Am I? Previous Experience

Personal info

Name Daniel Bolufer Labella

Date of birth 28-03-1984

Place of birth Valencia

Nationality 

Last Club

League

Country

Role



Assistant Coach



Professionalism, organization and seriousness are three words to describe my work after seven seasons leading football teams. Nowadays, I feel it is important a strong communication skills with a balanced and coherent leadership in order to find an effective process where players can believe it. Additionally, I stand out at Scouting Field, Tactical Analyst and Developing Training Drills.

1

2

3

4

Education

Football Technical Coach
Degree (Level 3) UEFA PRO
ANEFF, May 2021



Tactical Analyst
RFEF, May 2022



CONMEBOL PRO License
AFA, Sep 2024



International Financial
Markets 2013



Information Sciencies &
Communication 2009



Languages

Mother Tongue (C2)



Advanced Level (C1)



Upper Intermediate (B2)



Pre-Intermediate (A2)



1

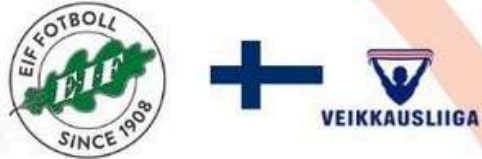
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Experience

EKENÄS IF (First Tier)
Assistant Coach
Season 2024 (It ends 15.08)



EKENÄS IF (Second Tier)
Assistant Coach
Season 2023 (1st PLACE)



EKENÄS IF (Second Tier)
Assistant Coach
Season 2022 (4th PLACE)



EKENÄS IF (Second Tier)
Assistant Coach
Season 2021 (5th PLACE)



Union Imposibles Betero
Head Coach - Senior Team
May 2019 - May 2021



Cabanyal-Canyamelar
Head Coach - Senior Team
May 2017 - May 2019



Responsible for the following functions from 2021 to 2024:

Set Pieces

Opponent Macro Report
Opponent Micro Report
Filming games & trainings
Editing games & trainings
Creating Microcycle Training Plan
Defensive Line Analysis
After-Match Video Analysis

Opponent Brief Analysis Report

<https://www.youtube.com/watch?v=mhZiOc2MCwI>

1

2

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4

IT Skills

Video Analysis



Design Programs



OS



Press

<https://www.danielbolufer.com/press/>

1

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Contact

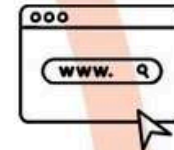
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Achievements

After more than 100 years of history, EIF became champion from Ykkonen. A historic milestone for a town with only 10,000 inhabitants.



Champion 2023

| # | TEAM | MP | W | D | L | G | GD | PTS | FORM |
|-----|--------------|----|----|---|----|-------|-----|-----|-----------|
| 1. | Ekenas | 22 | 14 | 6 | 2 | 38:18 | 20 | 48 | W W W W W |
| 2. | Gnistan | 22 | 14 | 6 | 2 | 38:18 | 20 | 48 | W W D W W |
| 3. | Mikkeli | 22 | 12 | 5 | 5 | 33:21 | 12 | 41 | L L W D L |
| 4. | TPS | 22 | 12 | 4 | 6 | 40:25 | 15 | 40 | W W L W L |
| 5. | SJK Akatemia | 22 | 12 | 3 | 7 | 37:35 | 2 | 39 | W L W D W |
| 6. | HIFK | 22 | 8 | 6 | 8 | 27:29 | -2 | 30 | L L L L W |
| 7. | SalPa | 22 | 7 | 5 | 10 | 30:27 | 3 | 26 | L W D D W |
| 8. | JaPS | 22 | 5 | 6 | 11 | 26:37 | -11 | 21 | D W L L D |
| 9. | Jaro | 22 | 4 | 9 | 9 | 22:35 | -13 | 21 | D L D W D |
| 10. | KaPa | 22 | 5 | 5 | 12 | 37:47 | -10 | 20 | D D W L L |
| 11. | KPV Kokkola | 22 | 2 | 9 | 11 | 20:34 | -14 | 15 | L D D D L |
| 12. | JK Jyväskylä | 22 | 2 | 6 | 14 | 20:42 | -22 | 12 | D L L L L |



Coaching Vision & Philosophy

My Identity

What aspects must my identity have to recognize my team?

Playing Style

What kind of football idea I want to develop?

Game model

How I want my team to perform in both phases of the game (attack and defense)

Structures

Find the best structure in order to be succeed

**Adaptability
Players**



Coaching Vision & Philosophy

My Identity

**BRAVEST TEAM
WITH BALL**

I WANT THE BALL

**MOST AGGRESSIVE
TEAM RECOVERING
THE BALL**

**ALWAYS
PLAYING AT
OPPONENT HALF**

**CREATING
IDENTITY TEAM**

**What aspects
must my
identity have to
recognize my
team?**

**Opponents should
give 110% to win our
team**

Family

Hardwork

Discipline

Team work

Coaching Vision & Philosophy

Progressive passing

Quick transitions when appropriate

Verticality with Purpose

3RD MAN

Occupying key zones

Off-the-ball movement

Fluid position swapping

Movement and Fluidity

Calm under pressure

Comfort with the ball

Control and Composure

High Press and Quick Recovery

Intensity in regaining possession

Pressing high

High Passing Accuracy

Sharp passing

Control of the tempo

Playing Style
Positional Play

Wide Attacking Play

Exploiting width

Crosses and cutbacks

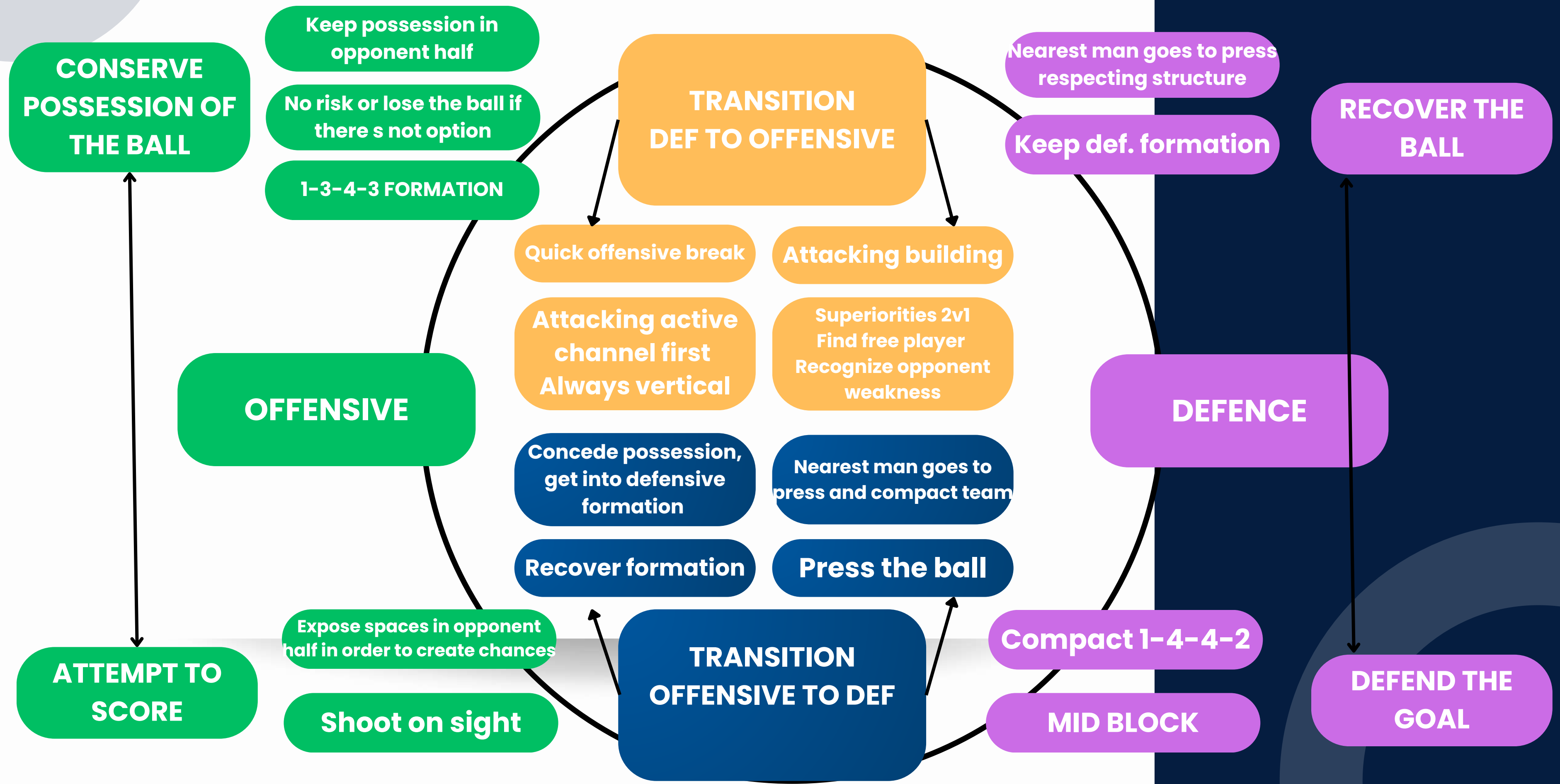
Involvement of All Players in Build-up

Central defenders in build-up

Midfield dominance

Coaching Vision & Philosophy

Game Model



Game Model

OUT OF POSSESSION

Main Principles

The most aggressive team of the league. With no fouls in our half

To prioritize high/medium pressings and high/mid block

To use tactical faults to avoid defending with spaces in opponent's half.

Lateral defending, down body posture, decelerate running with short steps and touch the opponent with the hand.

Against 1-2 follow the run of the player (Not the ball).

IN POSSESSION

Main Principles

To play short (to attract) to play long

To understand and believe why the way we play and playing smart

To find the targets to have advantages. (NUMERICAL-QUALITATIVE-RELATIONSHIP superiorities)

To be closer in active channel to give emergency-active supports to the player with the ball and far player (Winger or FB) in passive side totally wide

Pro active team finding best solution on the field

Game Model

**DEFENSIVE
MOMENT**

**Main
SubPrinciples**

Zonal marking or Individual marking

Tackle

Jump out of interval

Defensive position on the field

**OFFENSIVE
MOMENT**

**Main
SubPrinciples**

In support in brake (Players behaviour)

Timming

Attacking spaces

Individual positional game

Game Model

NEGATIVE TRANSITION

Main Principles

Closest player high press.

Closer players cut passing lines and help if possible the pressing

1st priority to force the situation to recover again. 2nd priority if they get advantage, stop the transition with tactical foul in opponent's half.

Further players, to close behind the ball getting narrow in the line and close between lines. Here we can start our OUT OF POSSESSION phase.

POSITIVE TRANSITION

Main Principles

To play the first pass forward / to the centre channel (box) (straight or with security pass).

To fill the centre channel and box fast.

To finish the action with shoot or death action (corner, foul, penalty...)

Adaptability

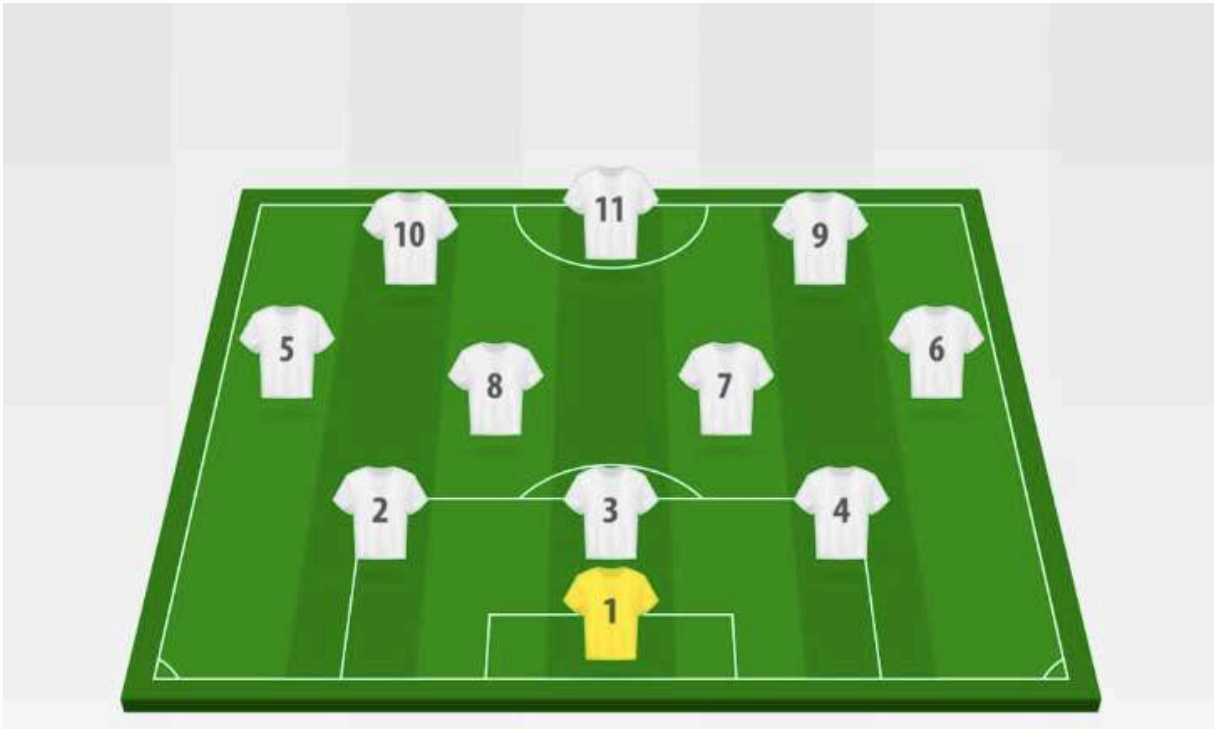
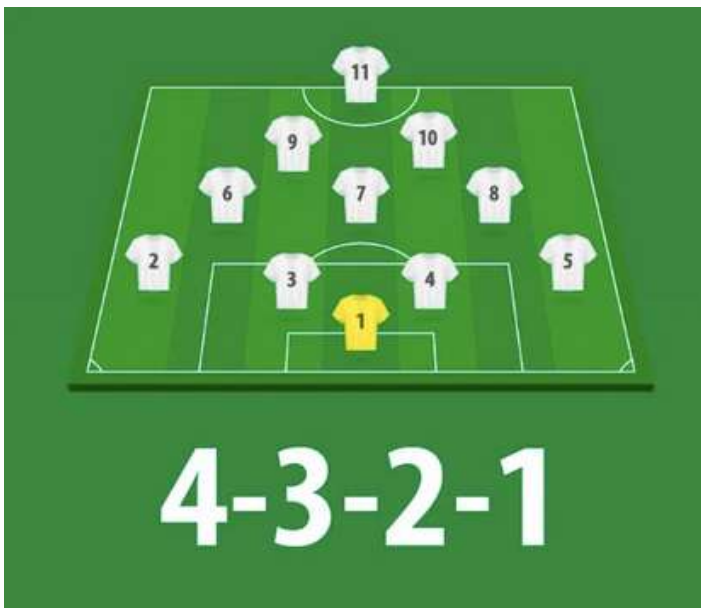
Structures

Adaptability Players

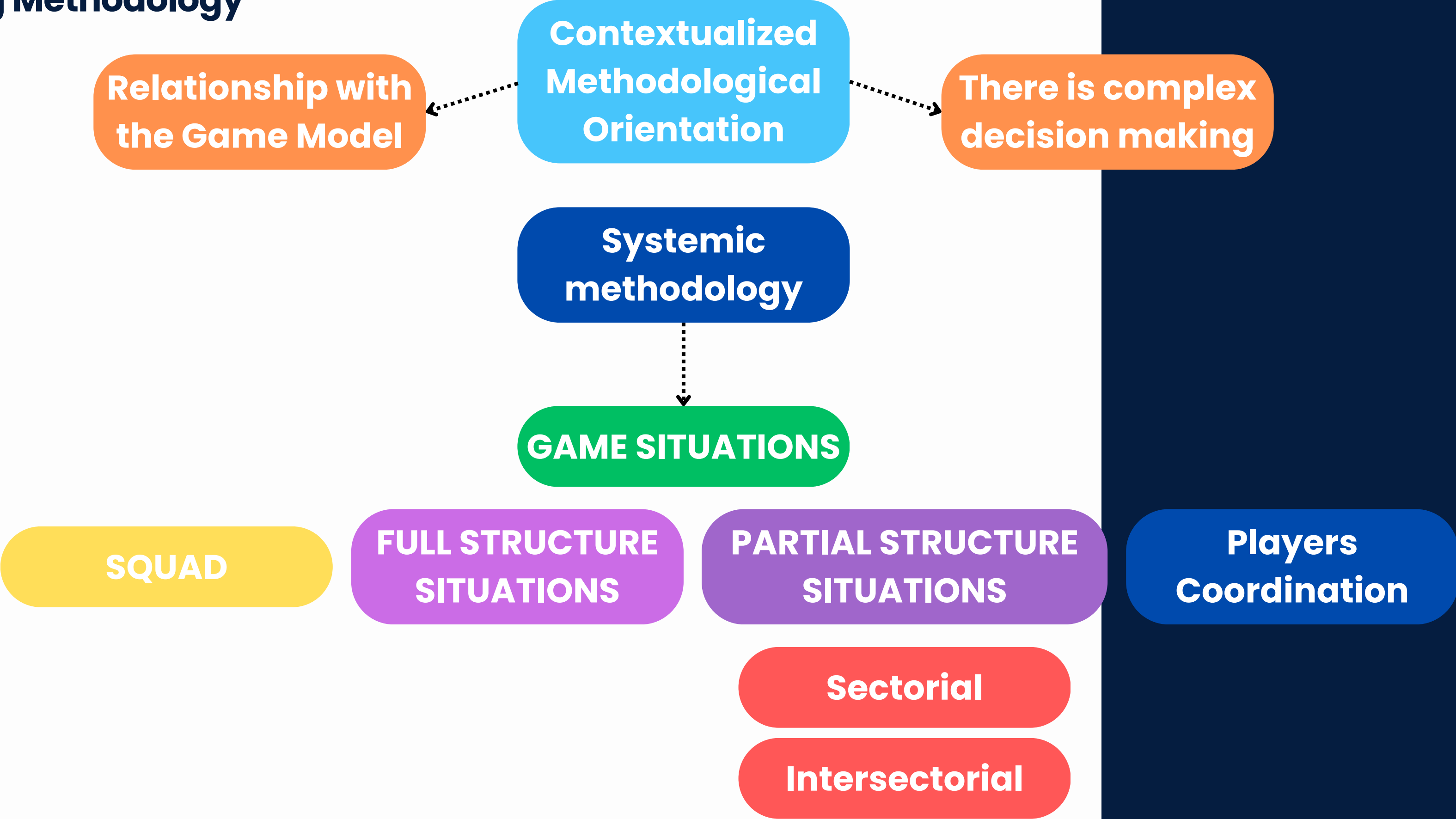
Find the best structure in order to be succeed

Out Possession

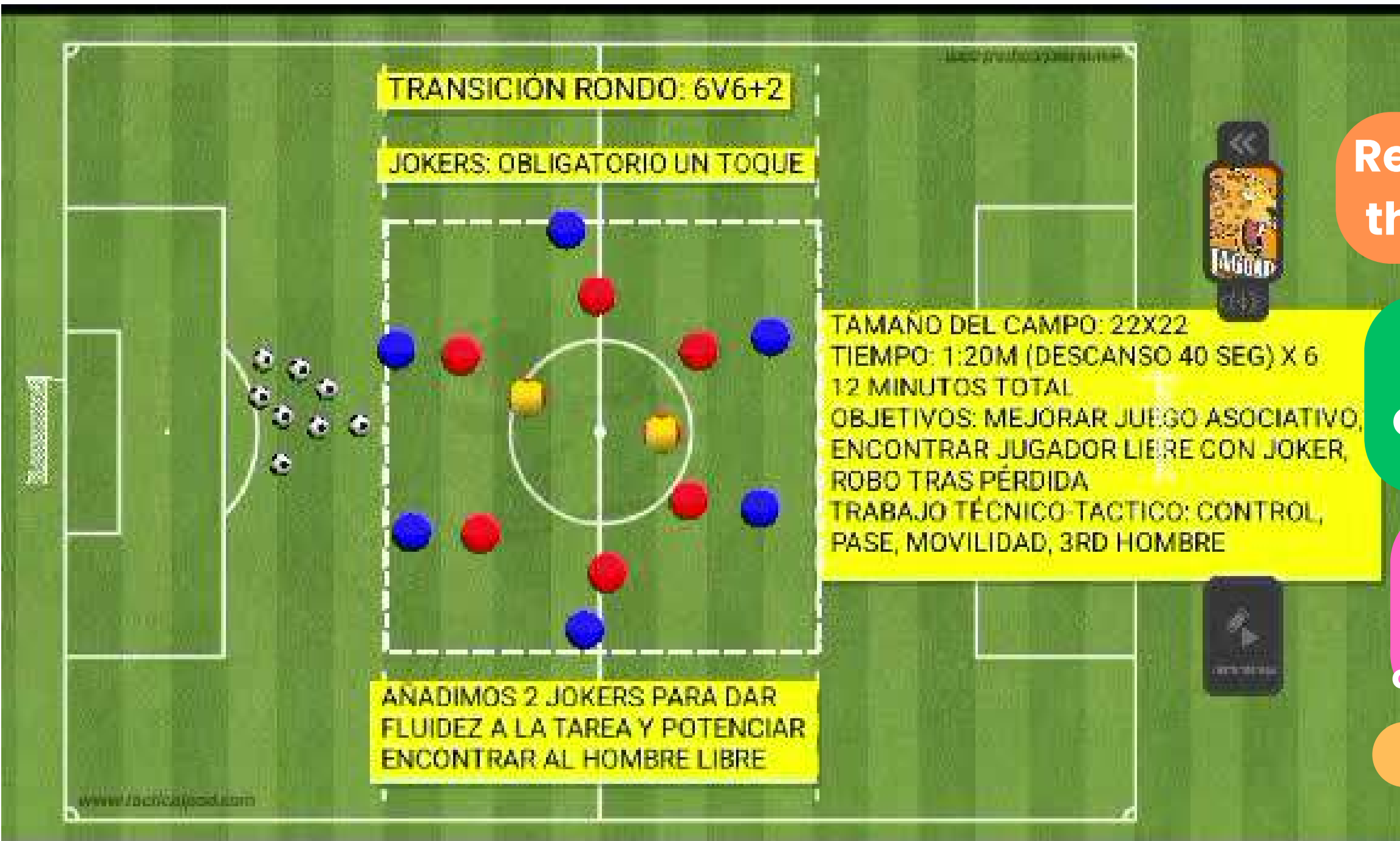
In Possession



Training Methodology



Training Methodology



Contextualized
Methodological
Orientation

Relationship with
the Game Model

There is complex
decision making

High Press and
Quick Recovery

Superiorities 2v1
Find free player
Recognize
opponent weakness

3RD MAN

GAME SITUATIONS

PARTIAL STRUCTURE
SITUATIONS

Creating a real work scenario for a week



OPPONENT



Creating a real work scenario for a week



FINISHING SITUATIONS

3rd MAN CONCEPT

DEFENDING BOX (CROSSING SITUATIONS)

STRENGTH

DOMINANT TEAM WITH BALL

OFFENSIVE TRANSITION

SKILL PLAYERS LAST QUARTER

GAME MODEL TO IMPROVE

TRAINING WEEK
PLANNING

WEAKNESSES

DEFENSIVE TRANSITION

DUELS IN OWN BOX

IN TROUBLES 2v1 OUTSIDE CHANNELS

GAME MODEL TO REINFORCE

WINNER DUEL TEAM (OFF & DEF)

BRAVEST TEAM WITH THE BALL

POSITIONAL GAME



MICROCYCLE WEEK PLANING

| LUNES | | MARTES | |
|-------------------------|--------------------------|---------------------------------|---------------------------|
| PREPARACION TACTICA | | PREPARACION TACTICA | |
| BUILD UP Y PRESION ALTA | | ESTRUCTURA FASE DEF. OFE | |
| BUILD UP | PRESION ALTA | DEFENSIVO | OFENSIVO |
| POSICIONAL | PRESION DESDE MI ZONA | 1-5-4-1 | 1-3-4-3 |
| 3º HOMBRE | PROTECCION ZONAL CENTRAL | POSICIONAL | POSICIONAL |
| PACIENCIA | PACIENCIA | 3º HOMBRE | PRESION DESDE MI ZONA |
| | CORRECCION | | CORRECCION |
| TO | T.D | TO | T.D |
| VERTICALIDAD | INTENSIDAD | VERTICALIDAD | CORTAR CARRERA ADVERSARIO |
| PRIMER PASE | | PASE SEGURIDAD O ATAQUE ESPACIO | PRIMEROS 3 SEGUNDOS |
| PASE SEGURIDAD | PRIMERA REACCION | | |
| METODOLOGIA Y TAREAS | | METODOLOGIA Y TAREAS | |
| METODOLOGIA DE JUEGO | | METODOLOGIA DE JUEGO | |
| RONDO POSICIONAL | | RONDO POSICIONAL | |
| PARTIDO POSICIONAL | | PARTIDO POSICIONAL | |
| EJERCICIOS ANALITICOS | | PARTIDO (SAQUE DE BANDA) | |
| PREPARACION PSICOLOGICA | | PREPARACION PSICOLOGICA | |
| CONFIANZA | | MOTIVACION | |
| DETERMINACION | | DETERMINACION | |
| MOTIVACION | | COMUNICACION | |

MIERCOLES

DIA LIBRE

| JUEVES | | VIERNES | |
|---------------------------------|------------------|---------------------------------|------------------|
| PREPARACION TACTICA | | PREPARACION TACTICA | |
| FINALIZACION Y BLOQUE BAJO | | PRE PARTIDO: SITUACIONES CLAVE | |
| BLOQUE BAJO | FINALIZACION | M. DEFENSIVO | M. OFENSIVO |
| BALON CUBIERTO/DES CUBIERTO | CENTROS | 1-5-4-1 | 1-3-4-3 |
| BODYSHAPE | ZONAS REMATE | BLOQUE BAJO | 3º HOMBRE |
| DEFENSA AREA | POSICIONAMIENTO | PROTECCION ZONAL CENTRAL | ZONAS REMATE |
| POSICIONAMIENTO | | POSICIONAMIENTO | POSICIONAMIENTO |
| TO | T.D | TO | T.D |
| PASE SEGURIDAD O ATAQUE ESPACIO | FALTA TACTICA | PRIMER PASE | FALTA TACTICA |
| PASE SEGURIDAD | PRIMERA REACCION | VERTICALIDAD | PRIMERA REACCION |
| | | PASE SEGURIDAD O ATAQUE ESPACIO | INTENSIDAD |
| METODOLOGIA Y TAREAS | | METODOLOGIA Y TAREAS | |
| TAREA DE TECNIFICACION | | METODOLOGIA DE JUEGO | |
| RONDO POSICIONAL | | | |
| ABP | | ABP | |
| TAREA SOCIOAFECTIVA | | | |
| PREPARACION PSICOLOGICA | | PREPARACION PSICOLOGICA | |
| COMUNICACION | | CONFIANZA | |
| RESPONSABILIDAD | | CREE EN EL PLAN DE PARTIDO | |

SABADO

DIA DE PARTIDO



OPPONENT



GAME PLAN



GAME PLAN

Defensive Bullet Points during the game

DEFENSIVE ORGANIZATION

(Superiority of interior intervals)

Compact if we do not have the ball

Aggressive in duels

Hardwork

What is our DNA?

HIGH PRESS



Team work

MOST AGGRESSIVE TEAM RECOVERING THE BALL



GAME PLAN

“
**Offensive Bullet
Points during the
game**
”

**OFFENSIVE
ORGANIZATION**

**Find winger/CB pairing
out of range**

**Occupation of finishing
areas (important passive
centre)**

**Own construction: patience to
find 3rd man to progress**

**Always threaten
opponent goal**

What is our DNA?

**Winner duel
team!**



**BRAVEST TEAM
WITH BALL**

**ALWAYS
PLAYING AT
OPPONENT HALF**



GAME PLAN



1ST HALF

Openings

Aggressive pressing VCF half

WIN THE DUELS AND BE VERTICAL (ALWAYS THREATEN BOX)

Try to force long balls

Try to force opponent mistake

Finishing situation NO OPTION DEF TRANS

Building up

MID BLOCK +PRESSING FBs

FIND FREE MAN IN ORDER TO PROGRESS

Try to force long balls

Try to force situations to win duels

FIND SUPERIORITY OUTSIDE 2v1 CROSSING SITUATION



Openings

To play short (to attract) to progress

Verticality with Purpose

Expose spaces in opponent half in order to create chances

No risk or lose the ball if there s not option

Occupying key zones

Building up

To Progress

Crossing situation

Superiority 2v1 outside

Find 3rd Man

Finishing situation



GAME PLAN

2ND HALF

NOT LEADING THE GAME

DRAW

LEADING THE GAME

WE KEEP SAME IDEA. LIFE IS FOR BRAVE PEOPLE

45-65min

Openings

Building up

SUBS PLAYERS TIME

65-90min

PHYSICAL LEVEL

LEADING THE GAME

NOT LEADING THE GAME

DRAW

Openings

Building up



Openings

Building up

MED LOW BLOCK

MED LOW BLOCK

HIGH BLOCK

MED HIGH BLOCK

COMPACT

HARDEST TO CONCEED A GOAL

Group Management Skills

Leadership

I am focus on developing the potential of individuals in the team, providing feedback, and helping them improve their performance. It involves a collaborative approach, where the leader helps guide team members toward personal and professional growth, ultimately improving team performance over time.

Relationship with players

I like to work closely with players, understanding their individual needs and adapting your approach to maximize their performance.

Mutual trust and respect

My leadership is based on trust and respect, creating a positive atmosphere in the locker room



Psychological & Motivational Preparation

Team Vision and Values

Objective: Align the team's values and create a shared vision for the season.

Action Plan:

- 1. Team Meeting:** Hold a session where the coach shares the team's vision, goals, and expectations for the season.
- 2. Group Discussion:** Ask players to express what motivates them and what they want to achieve collectively and individually.
- 3. Define Core Values:** Agree on the key values such as discipline, effort, trust, resilience, and commitment.
- 4. Create a Team Manifesto:** Write down a statement that reflects the team's core values and vision. Display this in the locker room.

Psychological Resilience Training

Objective: Build mental toughness and the ability to handle pressure.

Action Plan:

- 1. Mindfulness Training:** Teach basic mindfulness techniques to manage stress and stay focused during high-pressure moments (e.g., deep breathing, meditation).
- 2. Visualization Techniques:** Encourage players to visualize their ideal performance before training or matches.
- 3. Focus on Growth Mindset:** Emphasize that skills and abilities improve with effort. Praise progress over perfection.
- 4. Resilience Building:** Share stories of famous athletes overcoming adversity. Discuss how setbacks can be opportunities for growth.





**"I WILL FORGIVE IF
THE PLAYERS
CANNOT GET IT
RIGHT, BUT NOT IF
THEY DO NOT TRY
HARD"**

PEP GUARDIOLA